**Children’s/Young Person Safety Plan**

**FRONT** **BACK**

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| **My Plan**  **Who Can help me?**  **1 Name …………………………………**  **Number …………………………………**  **2 Name ………………………………….**  **Number ………………………………….**  **3 Name …………………………………..**  **Number …………………………………..**  **My code word ………………………..**  **My Safe Place**  **At Home ………………………………………**  **Outside ………………………………………** | **Help and support**  Below is a list of helpline numbers  where you can talk to someone about  what you are experiencing. If you’re in  immediate danger, dial 999.  **ChildLine**  0800 1111  www.childline.org.uk  ChildLine is a private and confidential  service for children and young people  up to the age of 19 providing phone  and website support.  **The Hideout**  www.thehideout.org.uk  A website for children and young people  with interactive resources to help them  understand domestic abuse and where  to get help from.  **Broken Rainbow**  0845 260 4460  www.brokenrainbow.org.uk  Broken Rainbow is a specialist phone  support for lesbian, gay, bisexual and  transgender survivors of domestic  abuse.  **The Child Exploitation and Online**  **Protection (CEOP) Centre**  ceop.police.uk/safety-centre  CEOP helps children stay safe online.  If someone has acted inappropriately  towards you online, or to a child or  young person you know, you can report  it using an online form. |