**Children’s/Young Person Safety Plan**

 **FRONT** **BACK**

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|  **My Plan****Who Can help me?****1 Name …………………………………** **Number …………………………………****2 Name ………………………………….** **Number ………………………………….****3 Name …………………………………..** **Number …………………………………..****My code word ………………………..** **My Safe Place****At Home ………………………………………****Outside ………………………………………** | **Help and support**Below is a list of helpline numberswhere you can talk to someone aboutwhat you are experiencing. If you’re inimmediate danger, dial 999.**ChildLine**0800 1111www.childline.org.ukChildLine is a private and confidentialservice for children and young peopleup to the age of 19 providing phoneand website support.**The Hideout**www.thehideout.org.ukA website for children and young peoplewith interactive resources to help themunderstand domestic abuse and whereto get help from.**Broken Rainbow**0845 260 4460www.brokenrainbow.org.ukBroken Rainbow is a specialist phonesupport for lesbian, gay, bisexual andtransgender survivors of domesticabuse.**The Child Exploitation and Online****Protection (CEOP) Centre**ceop.police.uk/safety-centreCEOP helps children stay safe online.If someone has acted inappropriatelytowards you online, or to a child oryoung person you know, you can reportit using an online form. |