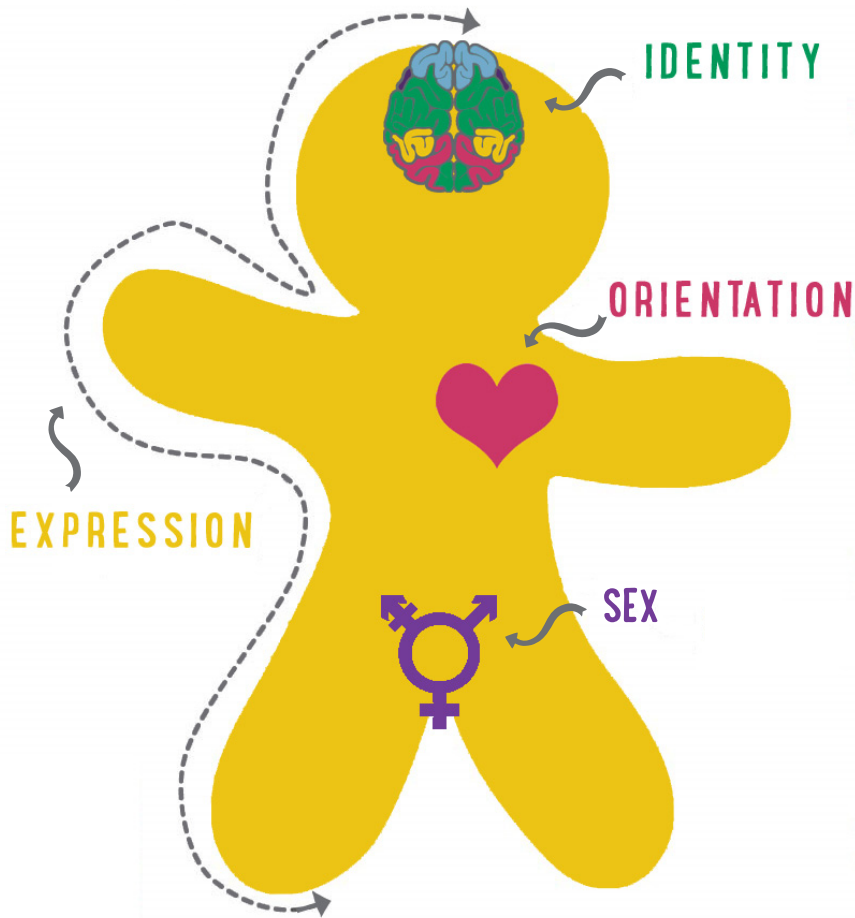


THE GENDERBREAD PERSON

Original concept by
itspronouncedmetrosexual.com



GENDER IDENTITY



WOMAN

NON-BINARY

MAN

Your gender identity is how you think about yourself, the gender that you identify with and/or feel that you are. Some people feel as though they do not have a gender at all, and may refer to themselves as agender or non-gendered.

GENDER EXPRESSION



FEMININE

ANDROGYNOUS

MASCULINE

This is how you display your gender and is demonstrated through the ways that you act, dress, behave and interact in the world in relation to the gender expectations of your society.

BIOLOGICAL SEX



FEMALE

INTERSEX

MALE

This is usually determined at birth, based on observation of your genitals. However, your chromosomes, hormones, genes and internal sex organs also contribute to the make-up of your biological sex.

SEXUAL ORIENTATION



ATTRACTED TO WOMEN

BI/PANSEXUAL

ATTRACTED TO MEN

The types of people (often based on gender) that you find yourself attracted to, can help you determine your sexual orientation. Attraction can be emotional, sexual, physical and/or spiritual. Some people experience little or no sexual attraction, and may refer to themselves as asexual.